

**Celebrating International Mountain Day
7th. IMD 2014 – Pakistan Open Rock Climbing Competition**

The Adventure Club – Pakistan, established in 1994, has a vibrant history of promoting healthy adventure activities among the youth however the Club has exclusive expertise in Rock/Wall climbing. Besides organizing several promotional campaigns and introductory sessions, the Club has marked and established several climbing routes at various places in the country. The Club has a priority focus on training of climbers as well as producing trainers to cater new climbers.



For the promotion of the activity and to publicize it, the Club introduced a climbing competition for girls only, which was part of celebrations of Visit Pakistan Year 2007, announced by Ministry of Tourism & Government of Pakistan. A memorable event led us to make a new history in adventure sports, especially for females and now the Club has a distinction of organizing 8 competitions on International Women Day (8 March), 6 on International Mountain Day (11 December) and 3 on World Tourism Day (27 September) besides several others at various places and on various occasions.

For 2014, the event is a part of Pakistan Mountain Festival (by CDA, Lok Virsa and Devcom) and keeping the tradition, The Adventure Club-Pakistan organized Seventh consecutive climbing competition to mark the day and to contribute in global activities on tourism day.

The event was participated by several schools, colleges and universities, clubs and individuals. Following is the score card of various categories,



SCORE CARD

Males Category (Open) Shahdarra Cliffs / 5c

1 st .	Mir Manzar Elahi	- Nust	(00:18:43 Sec)
2 nd .	Sheheryar Latif	- Nust	(00:57:32 Sec)
3 rd .	Asif Ali	- KIU	(01:04:03 Sec)
4 th .	Basil Bukhari	- Nust	(01:19:02 Sec)

Female Category (Open) Jasmine Corner / 4b

1 st .	Nazia Parveen	-	(00:30:46 Sec)
2 nd .	Shehnaz Gul	- KIU	(00:36:38 Sec)
3 rd .	Aleeza Sana	- The Adventure Club	(00:44:03 Sec)



Female Category (Open / Amateur) Jasmine Corner / 4b

1 st .	Mahrukh Mahmood	- NAC	(00:44:75 Sec)
2 nd .	Noreen Jan	- KIU	(00:55:41 Sec)
3 rd .	Rida Urooj	- NAC	(01:08:19 Sec)

Female Category (Under 18) Jasmine Corner / 4b

1 st .	Kiran Khan	- Gosha e Mashal	(00:42:31 Sec)
2 nd .	Zohaa Zubair	- The Adventure Club	(00:57:53 Sec)
3 rd .	Hadiqa Asif Ali	- Gosha e Mashal	(01:02:57 Sec)

Female Category (Under 15) Jasmine Corner / 4b

1 st .	Neelum Aziz	- Gosha e Mashal	(00:54:40 Sec)
2 nd .	Shamsa Khan	- Gosha e Mashal	(00:55:60 Sec)
3 rd .	Uzma Gul	- Gosha e Mashal	(01:05:47 Sec)



After the competitions, awards distribution ceremony was arranged at Jasmine Corner. Col. Retd Sher Khan, holder of Pride of Performance Award (mountaineering), the internationally renowned mountaineer, graced the occasion and distributed awards among the position holders.

The honorable Chief Guest praised the thrilling performance of female climbers in various categories and appreciated the efforts of The Adventure Club – Pakistan. He shared his memorable mountaineering experience and encouraged the youth to work hard and excel in Sport Climbing, which is getting popularity in Pakistan day by day.



Mr. Tahir Imran Khan – Founder President – The Adventure Club – Pakistan, said thank to all individuals and institutions on taking part in the event and exclusively to the honorable Chief Guest for his encouragement.



The President of the Club announced,

- Free Membership of the Club to the positions holders
- Free Sport Climbing Training Course to the position holders

He also announced the holding of forthcoming event in March, which would be 9th. consecutive to mark the International Women Day, under the caption,

9th. IWD 2015 – Pakistan Open Sport Climbing Competition (8-9 March 2015)



He also extended his special thank to the working committee, consisting of Mirza Siddique Ahmed, Ms. Aleeza Sana, Ms. Shehnaz Gil, Mir Manzar Elahi, Mr. Meher Gul and Muhammad Hassan.

