

SPECIAL ISSUE

**CHENAB ROCKS - CLIMBING COMPETITION
12th-13th February 2011**

The Hiking Department (Majlis-e-Sehat) in collaboration with The Adventure Club, Pakistan organized the above captioned climbing competition on Chenab Rocks. A good number of boys and girls participated from various institutions and clubs. Besides local schools and colleges, students of NUST and Fatima Jinnah Women University participated from Rawalpindi/Islamabad, while the members of Margalla Climbing Club and Eco Adventure Club joined with the members of The Adventure Club, Pakistan.

The competitions started on Saturday with boys round for Under 14, Under 16 and Under 19 categories. After a good competition in first round, the climbers with better timings were selected for finals.



The competition was based on speed climbing / top roping. A very healthy and interesting competition was seen between the boys of Nasir Higher Secondary School and Nusrat Jehan Inter College and climbers from both institutions secured positions. In junior category some very small kids participated and their daring effort was praise worthy and it is expected that they will develop into good climbers in future. Mir Qamar Suleman Sahib, President, Hiking Department (Majlis-e-Sehat) was the guest of honor on climbing competition finals.



SPECIAL ISSUE

Afterwards, the girls' category started and guest & local climbers performed well. Ms. Nazia Parveen (from Fatima Jinnah Women University / The Adventure Club, Pakistan) made the fastest ascent and climbed in only 29 seconds, which was an overall record time among male and female climbing rounds.



On Sunday afternoon, the Award Ceremony was held, which was chaired by Mr. Abdul Jaleel Saidq, President, Majlis-e-Sehat. The ceremony started with Tilawat-e-Quran-e-Pak by Mr. Danish Ahmed Khan. Mir Qamar Suleman Sahib welcomed the guests and made an interesting speech after introducing the event and thanking the guests. Mr. Tahir Imran Khan briefly mentioned the competition details and the names of position holders. He also announced the holding of 5th. Pakistan Open Rock Climbing Competition on 5th-8th March 2011 in Islamabad and invited climbers to participate.



The Chief Guest was invited to address and after his speech, he distributed trophies among the position holders, while certificates were delivered to all participants. The program was ended up by dua and guests were invited for tea in the lawns of the guest house.



SPECIAL ISSUE



It was a memorable event and it is expected that Rock Climbing will flourish in coming days as there are rocks of all climbing grades available at doorstep. After conducting the competition, our team of senior climbers, Faisal Ayub, Jamshed Akhtar, Ehtisham Hameed, Shayyan Korrani, Imran Junaidi and Naveed Iqbal explored several rocks and attempted some very challenging new routes.



We extend our special thanks to Mr. Saud Ahmed Khan from NUST, Ms. Nazia Malik and Shazia Malik, the climbers of MCCI Club and Mr. Basheer Zaman, tourist guide from Kaghan valley for their active participation in the event. Mirza Siddique Ahmed, Khalid Sajjad and Danish Ahmed Khan were the people behind the scene to organize all arrangements. We are also grateful to Mr. Mehmood Gondal, who arranged horse riding sessions for the guests. Our thanks will remain incomplete without mentioning the name of Mr. Anwar Ahmed Khan, Vice President, and the Adventure Club - Pakistan for his collaboration, overall supervision and hospitality.

SPECIAL ISSUE

POSITION TABLE / SCORE CARD

Position	Name	from
Under 14		
1 st .	Salman Ahmed Khan	The Adventure Club - Pakistan
2 nd .	Majeedullah Khan	The Adventure Club - Pakistan
3 rd .	Ammar Ahmed Shamikh	The Adventure Club - Pakistan
Under 16		
1 st .	Kashif Mehmood	Nasir Higher Secondary School
2 nd .	Talha Hussain	Nusrat Jehan Inter College
3 rd .	Athar Azhar	Nasir Higher Secondary School
Under 19		
1 st .	Asad Ali	Nusrat Jehan Inter College
2 nd .	Ata-ul-Mohsin	Nusrat Jehan Inter College
3 rd .	Usman Ahmed	Nusrat Jehan Inter College
Girls Round		
1 st .	Nazia Parveen	The Adventure Club – Pakistan
2 nd .	Hafsa Waheed	NUST
2 nd .	Anam Rathore	NUST
3 rd .	Ain-ul-Wafa	The Adventure Club - Pakistan

On Sunday, the guests visited a horse farm and enjoyed with riding. Later on they visited Tahir Heart Institute, the most modern heart hospital in Pakistan. They also visited swimming pool and tennis court etc.

