

**THE ADVENTURE CLUB – PAKISTAN**  
**organized**  
**2<sup>nd</sup>. WOMEN ROCK CLIMBING COMPETITION ON MARCH 8-9' 2008**

The Adventure Club – Pakistan has the honour to organize the first ever Rock Climbing Competition for females in Pakistan in 2007. Making a history in women sports and considering the great success of the 1<sup>st</sup>. Women Rock Climbing Competition - 2007, the Club organized **2<sup>nd</sup>. Women Rock Climbing Competition on 8<sup>th</sup>. & 9<sup>th</sup>. March 2008** associated with **International Women Day**.

The plan was presented to the Chairman CDA, Mr. Kamran Lashari, who appreciated and approved the event to be organized with support of CDA. We also thank for the support from The Hiking Association – Pakistan, m/s Quick Links (pvt) Limited, m/s Shezan International, m/s Tahtan (pvt) Limited, m/s Metrolinks, m/s Lucky Sports, m/s Summit Adventures, Mr. Sultan Mehmood, Mr. Faiz Alam Khan and m/s Panoramic Pakistan Tourism Consultants.

Our greatest moral support and source of encouragement was from Senator Ms. Nilofar Bakhtiar, former Federal Minister for Tourism, who officially announced the holding of the Event, while chairing a press conference, organized by the Club.

For the event, we had a great appreciation and support from Ms. Noranne Clayton from USA, who arranged a handsome quantity of equipment for the competition and also invited three top class American Rock Climbing trainers Mr. Guru Hanz Kroesen, Mr. Mike Helt and Ms. Crystal Humble to address the lectures and to supervise rock climbing clinics, exclusively organized by the Club. We had the great response from individuals and institutions and organized lectures at Hiking Association – Pakistan, Asian Study Group, The City School – H-8 Campus, The Roots Schools, Nazim-ud-Din Road Branch, Fatima Jinnah University and at Fast H-8 Campus. In training sessions, our celebrity trainers given lectures and taught basic to advanced techniques, while demonstrating at Chenab Rocks, Margalla Rocks and at Shahdarra Cliff. In various training sessions, we had a great response and 350 students participated in one week. For the competition, 64 participants qualified in 3 categories i.e. Minor ( up to 12 years age ), Junior ( up to 16 years age ) and Senior ( above 16 years age ).

The competition was formally inaugurated at the Venue in Margalla Hills by Ms. Noranne Clayton with a special message on International Women Day. Mr. Guru Hanz Kroesen told about the rules and regulation for the competition. Ms. Amna Khan & Nosheen Khan unfurled the flag of the Club / Event while rappelling down the cliff and requested for the permission from the guest of honour Ms. Noranne Clayton to start the competition and the very colourful, interesting and thrilling competition started with a huge round of applause.

The Competition started with Minor category to be followed by Junior and on the last, seniors performed. On the results of first round, 50% of the total participants from each category were selected for the finals. The final held on Sunday, 9<sup>th</sup>. March – 2008 and the following girls won the positions, having a full day support from their colleagues and spectators. After completing three categories, an exclusive open round was announced and 15 girls participated in this challenge round. As per the rules, anyone could participated, who is not a position holder in regular categories of the competition.

### Score Card

Position	Name	From
<b>MINOR CATEGORY</b>		
1.	Palwasha Ishtiaq	City School
2.	Sara Sajjad	City School
3.	Umama Ijaz	City School
4.	Khaula Rizwan	Adventure Club
<b>JUNIOR CATEGORY</b>		
1.	Amra Bilal	City School
2.	Iqra Riaz	Roots School
3.	Rida Abid	City School
4.	Ayesha Ali	Roots School
<b>SENIOR CATEGORY</b>		
1.	Ursula Jomezai	Adventure Club
2.	Amna Khan	Adventure Club
3.	Rida Shahid	City School
4.	Nosheen Khan	Adventure Club
<b>OPEN CHALLENGE</b>		
1.	Summaira Nosheen	MAJU
2.	Tarim Khan	MAJU
3.	Zunaira Urooj	FJWU
4.	Misbah Rafique	MAJU

After the competition, all the contestants and other guests were invited at Award Distribution Ceremony, organized by The Adventure Club – Pakistan at hotel. The ceremony was chaired by Mr. Sanaullah Aman, Director Sports – CDA who distributed the Shields among winners and announced that CDA is keen to improve and develop the sports, especially adventure sports in Islamabad.

Ms. Noranne Clayton, Mr. Guru Hanz Kroesen, Mr. Mike Helt and Ms. Crystal Humble addressed the audience and shared their great experience while visiting Pakistan and to have the wonderful participation from Pakistani females. They appreciated the efforts of The Adventure Club – Pakistan and extended their full cooperation for future. They said the Pakistani girls performed more than their expectations and could compete anywhere. They said that they will be pleased to see Pakistani Rock Climbers in international competitions.

Mr. Tahir Imran Khan, President The Adventure Club – Pakistan said the Club is working to make this competition as a National Championship in future, while exchange programs are in pipeline with international clubs and organizations. He also thanked to PTV, PTV Home, Dawn News and Mr. Wajahat Malik for the media coverage of the event and very special thank to the working committee of the Club for their day & night efforts to make this program colourful and successful.

### WORKING COMMITTEE

Ahmad Mujtaba - Amir Jadun - Fida Hussain - Hannan Ahmad - Humayun Iqbal  
Irshad Hussain - Kashif Saeed - Khalid Mehmood - Mirza Siddique Ahmad - Saeed Ahmed  
Saeed Jadun - Syed Nazim ud Din - Umair Hassan - Usman Tariq



Formal Announcement by Senator Nilofar Bakhtiar



Lecture at FJWU



Lecture at City School



Club Members



Training Session



Training Session





Training Jumaring



Belaying



Training - Climbing



Training - Descending





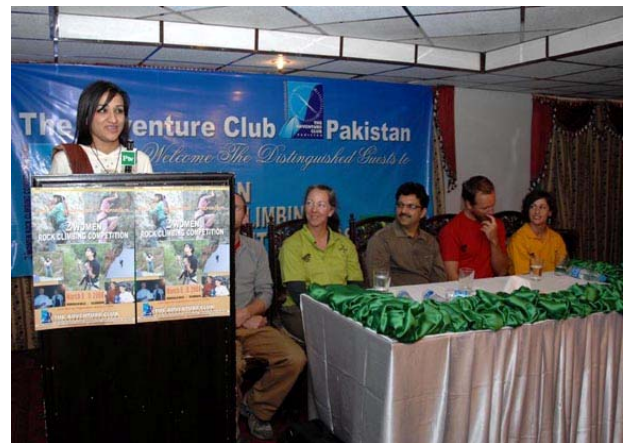
Formal Opening with Flag



Competition Climbs



Judges



Award Ceremony



Award Ceremony



Award Ceremony





Farewell Ceremony



Farewell Ceremony



Happy Moments



Happy Moments

**First Position**

Palwasha Ishtiaq



Amra Bilal



Ursala Jogezeai



Summaira Nosheen



**Second Position**

Sara Sajjad



Iqra Riaz



Amna Khan



Tarim Khan



**Third Position**

Umama Ijaz



Rida Abid



Rida Shahid



Zunaira Urooj



**Fourth Position**

Khaula Rizwan



Minor

Ayesha Ali



Junior

Nosheen Khan



Senior

Misbah Rafique



Open

**Instructors**



Crystal



Noranne



Guru Hanz



Mike



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Rock Climbing  
Competition  
8-9 March - 2008**

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[www.adventureclub.com.pk](http://www.adventureclub.com.pk)

Score Card