



SCHEDULE OF CLIMBING & TRAINING ACTIVITIES - 2018

TRAINING COURSES	No.	Activity	Dates	Exp.	Venue	CLIMBING COMPETITIONS & ACTIVITIES
	January					
Rock / Wall Climbing	01-01	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	
	03-01	World Snow Day – Galliat	21	1450	KPK	
	February					
1 day introductory session 2 days basic course 3 days intermediate course 4 days advanced course	07-02	Rock/Wall Climbing Training Course	10-11	4000	Islamabad	Observing National & International days of importance
	08-02	Paragliding - Basic Training Course	17-18	8500	Haripur	
	09-02	Snow Survival Training Course	21-25	16500	Kaghan	
	March					
Rock / Wall Climbing Instructor	10-03	Rock/Wall Climbing Training Course	3-4	4000	Islamabad	World Snow Day 21 January
	12-03	13 <sup>th</sup> . IWD* Sport Climbing Comp	7-8	500	Islamabad	International Women Day 8 March
	April					
2 days basic course	14-04	Rock/Wall Climbing Day Clinic	1	1500	Islamabad	
	15-04	Paragliding - Basic Training Course	7-8	8500	Haripur	
	17-04	Mountaineering - Elementary Course	21-29	25000	Gilgit-Baltistan	
	May					
Mountaineering	19-05	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	Pakistan Day 23 March
	June					
9 days elementary course	21-06	WED* - Lecture / Activity	5	1000	South Zone	
	July					
Survival 5 days wilderness course	25-07	Rock/Wall Climbing Day Clinic	1	1500	Islamabad	World Environment Day 5 June
	August					
<i>above courses are available on requested dates</i>	28-08	Rock/Wall Climbing Training Course	4-5	4000	Islamabad	
	29-08	Independence Day	14	1000	Islamabad	Independence Day 14 August
	September					
Rock/Wall Climbing Practice Sessions	31-09	Rock/Wall Climbing Training Course	1-2	4000	Islamabad	
	34-09	8 <sup>th</sup> . WTD – Open Climbing Comp	27	500	Islamabad	World Tourism Day 27 September
	October					
Friday 1400 – 1630 hrs Saturday 1100 – 1600 hrs Sunday 1400 – 1630 hrs	36-10	Rock/Wall Climbing Training Course	6-7	4000	Islamabad	
	38-10	Paragliding - Basic Training Course	20-21	8500	Haripur	
	November					
	39-11	Rock/Wall Climbing Training Course	3-4	4000	Islamabad	International Mountain Day 11 December
	December					
	42-12	Rock/Wall Climbing Training Course	1-2	4000	Islamabad	
	43-12	11 <sup>th</sup> . IMD* Open Climbing Comp	10-11	500	Islamabad	