

SCHEDULE OF CLIMBING & TRAINING ACTIVITIES – 2014

TRAINING COURSES	No.	Activity	Dates	Exp.	Venue	CLIMBING COMPETITIONS & ACTIVITIES
	January					
Rock / Wall Climbing	01-01	Rock/Wall Climbing Training Course	3-5	4500	Islamabad	
	02-01	Snow Adventure Camp	3-12	22000	Kaghan Valley	
	February					
1 day introductory session	06-02	3 rd . Chenab Rocks Climbing Comp	1-2	500	Chenab Rocks	Observing
2 days basic course	07-02	Rock/Wall Climbing Training Course	7-9	4500	Islamabad	National & International days of importance
3 days intermediate course	March					
4 days advanced course	10-03	Rock/Wall Climbing Training Course	1-2	3500	Islamabad	World Snow Day
	11-03	Rock/Wall Climbing Practice Session	1-6	750	Islamabad	19 January
Rock / Wall Climbing Instructor	12-03	8 th . IWD* Sport Climbing Comp	8-9	500	Islamabad	
	13-03	Pakistan Day Adventure Gala	23	1500	Islamabad	International Women Day
	April					
3 days qualifying course	15-04	Rock/Wall Climbing Training Course	4-6	4500	Islamabad	8 March
	18-04	Mountaineering - Elementary Course	18-27	25000	Gilgit-Balistan	
	May					
Mountaineering	19-05	Rock/Wall Climbing Training Course	2-4	4500	Islamabad	Pakistan Day
	June					
10 days elementary course	23-06	WED* - Lecture / Activity			South Zone	23 March
	24-06	Rock/Wall Climbing Training Course	6-8	4500	Islamabad	World Environment Day
	August					
Survival	28-08	Rock/Wall Climbing Training Course	1-3	4500	Islamabad	5 June
10 days wilderness course	29-08	IYD* - Lecture / Activity	12	1000	South Zone	
	30-08	Independence Day	14	1000	Islamabad	Independence Day
	September					
	32-09	Rock/Wall Climbing Training Course	5-7	4500	Islamabad	14 August
	35-09	4 th . WTD – Open Climbing Comp	27	500	Islamabad	
	October					
Rock/Wall Climbing Practice Sessions	37-10	Rock/Wall Climbing Training Course	3-5	4500	Islamabad	World Tourism Day
	November					
Friday 1400 – 1630 hrs	41-11	Rock/Wall Climbing Training Course	7-9	4500	Islamabad	27 September
Saturday 1100 – 1600 hrs	December					
Sunday 1400 – 1630 hrs	43-12	Rock/Wall Climbing Training Course	5-7	4500	Islamabad	International Mountain Day
	44-12	7 th . IMD* Open Climbing Comp	10-11	500	Islamabad	11 December

above courses are available on requested dates