



SCHEDULE OF CLIMBING & TRAINING ACTIVITIES - 2013

TRAINING COURSES	ACTIVITY	DATES	DAYS	EXP. Rs.	VENUE	CLIMBING COMPETITIONS & ACTIVITIES on IMPORTANT DAYS TO OBSERVE March 8 - IWD International Women Day March 23 Pakistan Day June 5 - WED World Environment Day August 11 - IYD International Youth Day August 14 Independence Day September 27 - WTD World Tourism Day December 11 - IMD International Mountain Day
	JANUARY					
Rock / Wall Climbing	Rock / Wall Climbing Training Course	5-6	2	2000	Islamabad	
1 day introductory session	FEBRUARY					
2 days basic course	3 rd . Chenab Rocks Climbing Competition	9-10	2	350	Chiniot	
3 days intermediate course	Snow Survival Training Course	16-21	6	12000	Kaghan	
3 days advanced course	MARCH					
Rock / Wall	7 th . IWD - Pakistan Open Climbing Competition	6-8	3	350	Islamabad	
Climbing Instructor	3 rd . - Pakistan Day Climbing Competition	23	1	350	Islamabad	
3 days course	APRIL					
Mountaineering	Rock / Wall Climbing Training Course	5-7	3	4500	Islamabad	
10 days basic course	Elementary Mountaineering Course	19-28	10	25000	KPK or GB	
Snow Survival	MAY					
6 days course	Trekking – Everest B.C.	07-26	20	100000	Nepal	
<i>above courses are available on request</i>	JUNE					
Rock / Wall Climbing	WED – Lecture	5	1	1000	South Islamabad	
Practice Sessions	Rock / Wall Climbing Training Course	7-9	3	4500	Islamabad	
Friday 1400 – 1630 hrs	JULY					
Saturday 1100 – 1600 hrs	Great Karakoram Traverse	01-31	31	100000	GB	
Sunday 1100 – 1600 hrs	AUGUST					
	IYD – Lecture	12	1	1000	South Islamabad	
	Independence Day – Lecture	14	1	1000	Islamabad	
	SEPTEMBER					
	3 rd . WTD – Women Climbing Competition	27	1	350	Islamabad	
	OCTOBER					
	Reconnaissance for New Rock Climbing Sites	4-6	3	6000	AK	
	NOVEMBER					
	Rock / Wall Climbing Training Course	22-24	3	4500	Islamabad	
	DECEMBER					
	6 th . IMD - Climbing Competition	9-11	3	350	Islamabad	

CLIMBING FOR PEACE

THE ADVENTURE CLUB - PAKISTAN

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