



SCHEDULE OF CLIMBING & TRAINING ACTIVITIES - 2012

TRAINING COURSES	ACTIVITY	DATES	DAYS	EXP. Rs.	VENUE		
ROCK / WALL CLIMBING COURSE 1 day introductory session 2 days basic course 2 days intermediate course 3 days advanced course	JANUARY						CLIMBING COMPETITIONS & ACTIVITIES ON IMPORTANT DAYS TO OBSERVE March 8 - IWD International Women Day March 23 Pakistan Day June 5 - WED World Environment Day August 11 - IYD International Youth Day August 14 Independence Day September 27 - WTD World Tourism Day December 11 - IMD International Mountain Day
	Rock / Wall Climbing Training Course	7-8	2	2000	Islamabad		
ROCK / WALL CLIMBING INSTRUCTOR COURSE 3 days course	FEBRUARY						
	2 nd . Chenab Rocks Climbing Competition	11-12	2	350	Chenab Rocks – Chiniot		
MOUNTAINEERING COURSE 12 days basic course	Snow Survival Training Course	18-23	6	10000	Kaghan Valley		
	MARCH						
SNOW SURVIVAL COURSE 5 days course	6 th . IWD - Pakistan Open Climbing Competition	6-8	4	350	Islamabad		
	2 nd . - Pakistan Day Climbing Competition	23	1	350	Islamabad		
<i>above courses are available on request</i>	APRIL						
	Rock / Wall Climbing Training Course	13-15	3	4500	Islamabad		
ROCK / WALL CLIMBING Practice Sessions Friday 1400 – 1630 hrs Saturday 1100 – 1600 hrs Sunday 1100 – 1600 hrs	MAY						
	Elementary Mountaineering Course	20-31	12	25000	Gilgit-Baltistan		
	JUNE						
	WED – Lecture	5	1	1000	South Zone		
	Rock / Wall Climbing Training Course	8-10	3	4500	Islamabad		
	JULY						
	Climbing – Spantik Peak	1-29	29	85000	Gilgit – Baltistan		
	AUGUST						
	IYD – Lecture	12	1	1000	South Zone		
	Independence Day – Lecture	14	1	500	Islamabad		
	SEPTEMBER						
	2 nd . WTD – Women Climbing Competition	27	1	350	Islamabad / Rawalpindi		
	OCTOBER						
	Reconnaissance for New Rock Climbing Sites	12-14	3	6000	Azad Kashmir		
	NOVEMBER						
	Rock / Wall Climbing Training Course	23-25	3	4500	Islamabad		
	DECEMBER						
	5 th . IMD - Climbing Competition	9-11	3	350	Islamabad		

CLIMBING FOR PEACE

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